



CAN YOU HELP RUSHCLIFFE FOOD BANK?



Rushcliffe Food Bank needs **your help** to support households in your area! We really need **donations of the items** listed here. →

We also need more **delivery drivers** to drop off food parcels. Could you volunteer on a **Saturday morning, once a month?**

SHOPPING LIST

- TEA
- COFFEE
- TINNED VEG
- TINNED FRUIT
- TINNED SOUP
- CEREAL
- SUGAR
- RICE PUDDING
- PEANUT BUTTER
- LONG LIFE MILK
- RICE
- PASTA
- PASTA SAUCE




IF YOU CAN HELP PLEASE GET IN TOUCH!

Phone: 07581 422396

Email: rushcliffefoodbank@gmail.com

 [fb.me/sewadaynotts](https://www.facebook.com/sewadaynotts)

 [sewadaynotts](https://www.instagram.com/sewadaynotts)